



paititi INSTITUTE



# 10-Day Intensive Embodying True Nature Transformation Retreat

**September 16 - 26, 2018**  
Lamay, Peru (in the Sacred Valley)

The 10-day Embody True Nature retreat weaves ancestral living wisdom traditions supported by Jungian transpersonal psychology to provide a foundation to both discover and develop the innermost purpose of your life.

Join us in Peru's Sacred Valley near Cusco city - the ancient Incan capital - for a hero's journey of self-discovery into the infinite human potential. Together we'll transcend the layers of our individual and collective conditioning to know and trust our eternally brilliant and indestructible true nature.

In this process, we immerse into the magnificent realm of Mother Nature through the foundational practices of remembrance, initiation rites and sacred plant ceremonies establishing intercultural bridges, awakening consciousness in all beings. Our purpose is to create a space where participants, including ourselves, can continually discover and implement a life of greatest purpose and deepest meaning.

Beyond humanity's diverse stories and personalities, there's a profound mystery within each of us the organism longs to be re-initiated into - a fully conscious evolutionary journey of return to the source. The beyond-personal states offered by these living wisdom traditions may seem novelty, but they are actually rooted in times immemorial, long before written history. Living examples of real people embodying the evolutionary blueprint of higher consciousness have been at the conception point of all ancient spiritual lineages.

**In the following pages we cover many FAQs and important info. PLEASE take the time to read through this document and email [info@paititi-institute.org](mailto:info@paititi-institute.org) with any questions.**

## Practices

The primary facilitator of this retreat will be **Roman Hanis**, supported by a team of apprentices and guides. The retreat schedule will depend on the individual process of each participant. The days around the ceremonies are dedicated to creating a deeper understanding of Mother Nature's language with the help of different modalities, such as:

- **Remembering foundation\***  
Release of personal history with an energetic remembering, dissolution of subconscious limitation and letting-go of emotional tensions held in one's past.
- **Primordial breathwork foundation\***  
Amazonian tribal activation of cellular memory and a Tibetan modality based on the Heart drops of Dharmakaya practices that bring about a cathartic release of deeply-seated emotional obscurations.
- **Individual and collective transpersonal dreamwork foundation\***  
Working with the Ashuar tribal and Jungian transpersonal approach towards recognizing the universal, associative and symbolic communication of human sub-consciousness relating to spiritual evolution of one's being.
- **Symptomatic dance foundation\***  
Communication with the symptomatic language of the organism for the recognition and resolution of the dis-ease origin.
- **Sacred geometry**  
Deepening our archetypal relationship with Nature and the universal flow of energy.
- **Individual plant medicine diets**  
The participants will be given specific medicinal plants that help to cultivate essential natural qualities.
- **Sharing circles**  
Relating to the universal process of consciousness transformation, expressing itself uniquely through each participant.
- **Qigong, yoga, and eastern meditation practices**  
Activating deeper vitality and a realignment of energetic channels of the organism.
- **Traditional Chinese Medicine**  
Complementary support for the deeper realignment of energetic meridians and healing on all levels.
- **Processing, reflecting and integrating**  
Getting to know the self through the process of being with one's self immersed in nature.

\*Notates foundational practices

The retreat is specifically developed for you to face and challenge yourself in the most direct and harmonious way, a process utilized in many ancient spiritual traditions around the world. This approach helps us to become a human being in a human body, recognizing, transforming and letting go of stale concepts, habitual patterns, repressed emotions, inhibitions, fears, traumas and other limitations, starting a path to becoming a free being.

## Preparing Yourself Mentally & Emotionally

The retreat is potentially life-changing, profoundly transformative and awakening on many levels. To get the most from the retreat, it's essential to prepare for it, setting intentions, beginning to develop a practice of presence, and the willingness to reflect on different life afflictions and disturbing emotions without being dominated by them.

Some examples of supportive practices include mindfulness, Vipassana and ZaZen meditations, Non-violent Communication, Native American sweat lodges and tipi ceremonies, Tibetan Vajrayana introduction practices, Yoga, pranayama breathwork, Qigong, and deeper immersion in natural settings. These practices can help cultivate greater grounding, inner harmony, emotional stability, openness, receptivity and creative potential. With greater presence, self-realization and intention of further growth and awakening, the Embody True Nature retreat becomes profound and skillful, amplifying the connection with your inherent true nature and beaconing your infinite luminous potential for the benefit of all beings.

## Meeting our Edges

It's essential that all participants are willing and ready to meet their edges. Most participants of this retreat may find themselves challenged to different extents, one way or another, during the retreat process. It's essential to enter the retreat ready to meet challenges with an attitude of perseverance and presence. In the healing process, obscurations come to the surface to be understood, accepted and transformed.

A breakdown often precedes a breakthrough and it's an essential part of the process, so it's important not to give up. We'll discuss the 'healing crisis' in much more detail during the retreat.



## Indigenous Ceremony Overview

Ancestral shamanic ceremonies involving sacred entheogenic plant medicines now attract multitudes of people from all layers of society. There's something deeply enthralling about a dimension ungoverned by the logical mind and conceptual thinking. Experiencing a greater whole in the divine union of direct contact with the raw forces of nature may be an inherent intuitive longing to awaken, expressed through the many alarming issues in today's society. While different people have different ideas of what pursuing happiness entails, the underlying state itself is an indescribable, yet deeply familiar blissful wholeness, nurture and safety imprinted in cellular memory by the unconditional love of mother nature's womb.

This retreat begins a profound consciousness transformation and involves a serious self-realization process. The process includes physical, mental, spiritual and emotional detoxification. Participants should be willing and able to face without compromise, personal inhibitions, repressed emotions, fears, habitual patterns and other obscurations of consciousness that accumulate for many years due to life in modern society.

During the retreat there will be a few sacred plant ceremonies. The sacred plant medicines Ayahuasca, San Pedro and Coca all support the journey through spiritual insight and unravel the divine intelligence of nature in one's being. **We do not have a set number of ceremonies as we find it essential to base this on the process and needs of the group.**

We work with healing traditions that are uninterrupted, live transmission lineages going back to times immemorial. They carry illuminated reminders from the period of humanity when our ancestors were fully immersed in the primordial enlightened essence of divine intelligence. Plants are teachers and the spirit of these plants can support us in connecting to deep subtle energies of our body and the interwoven reality surrounding us.

The ceremonies associated with many sacred plants have been known for millennia to reconnect people with Mother Nature, heal from ailments and clear confusions, doubts and obscurations of consciousness. We encourage our participants to connect with Nature from the inside out as it's deeply beneficial in tapping the source of life in the universe as we know it.

**We caution participants against reading too much online about these practices as we've found there is a lot of misunderstanding and misuse of these traditions.** For more background on the sacred shamanic traditions of Peru, we ask that you watch a lecture given by Roman Hanis titled "Knowledge of the Amazon" [HERE](#). In addition, we encourage all participants to watch the documentary "The Sacred Science" [HERE](#) (which was filmed at Paititi Institute's previous center in the jungle) to gain insight around our perspective and approach.

## Recommended Reading

There are several articles published on our blog which we recommend reading. You can visit our blog here: <http://paititi-institute.org/blog/>

The following books will support your process in the transformation retreat and we recommend reading as much as possible prior to your arrival - during the retreat it's advised not to have any reading material to support a full-immersion experience.

- Carlos Castaneda books: start with book 3 and read in order up to *The Active Side of Infinity*
- *Man & His Symbols*, by Carl Jung
- *The Psychology of Kundalini Yoga*, by C. G. Jung
- *Stories of the Tibetan Masters* (Tilopa, Naropa, Marpa, Milarepa, Gampopa, Karmapa)
- *The Cosmic Serpent*, by Jeremy Narby
- *The Way Things Are*, by Lama Ole Nydahl
- *The Dharma that Illuminates All Beings Impartially like the Light of the Moon and the Sun*, by Kalu Rinpoche
- *Dream Body*, by Arnold Mindell
- *The Shaman's Body*, by Arnold Mindell
- Books by Paulo Coelho
- *Repeating the Words of a Buddha*, by Tulku Urgyen Rinpoche

## Retreat Requirements

- We ask that anyone applying for this retreat be prepared to face new and unexpected challenges. We specifically seek participants inspired to approach situations with a solutions-based attitude grounded in personal responsibility.
- For those with more serious and chronic physical and/or emotional conditions we may require you to participate as a Distance Healing participant as a prerequisite. If you're not sure if you qualify as a participant in this retreat please email us and we'll be happy to discuss your personal situation in order to determine the appropriate steps for you. Our Distance Healing Program includes a nutritional program, Jungian Transpersonal dreamwork and one-on-one coaching. During this process we can take the initial steps in the healing process, establish a personal connection, and determine if and when a deeper healing immersion in Peru will be appropriate. Read more about our Distance Healing Program [HERE](#). *The Distance Healing Program is also available for those who do not wish to visit us in Peru.*

## Medications and Vaccinations

**For your well being, all pharmaceuticals, supplements and health conditions MUST be reported to us. If you start any medications or supplements after you register, it's important to let us know right away. Taking ANY pharmaceutical medication will affect your ability to partake in medicinal plant work. Many pharmaceuticals are contraindicated with the Amazonian and Andean plant medicines and must be avoided 3 days to 6 weeks prior, depending on the drug and the duration of use. Every situation is unique and it's IMPORTANT that you contact us as soon as possible so that we can research your specific situation. We do NOT recommend that anyone quit medications without the guidance of their overseeing physician.**

There are no required shots for travel in Peru at the time of writing this document. It is up to you and your health care provider to determine what are the best steps for you. All participants are responsible for their own health decisions and travel at their own risk. Some countries may require Yellow Fever vaccinations when traveling from Peru. Please do some research before you travel. Should you decide to take any medications or vaccines, it is important for you to let us know.

At this time we are not aware of any reported cases of Dengue, Malaria or Yellow Fever in the region where this retreat is located.

## Substance Policy

Although this retreat will not be held at the Paititi Institute center, our substance policy still applies. **At Paititi alcohol and substance abuse is prohibited. Alcohol and drugs are not permitted on site nor are participants permitted to return to the property intoxicated.** If facilitators suspect alcohol or drug use, we reserve the right to ask participants to leave with no refund.

As a community we work with sacred plants for physical healing, spiritual growth, transformation, and community council. Plants can be powerful tools in healing and transformation within the proper context and understanding, but these tools are easily misused and misunderstood. We work with plants and plant spirits within a container of intention, guided by the ancient transmission lineages of the Amazon, Andes, and Tibet, under the supervision of qualified medicine men and women approved by the institute.

**Tobacco:** Social smoking is not permitted. If you wish to smoke you may do so by yourself and away from community areas. We encourage mindful and prayerful smoking. If you are a smoker please bring your own tobacco as we will not be supplying tobacco or picking up tobacco for participants during supply runs.

**Cannabis:** We agree that cannabis is a medicine however it is NOT legal in Peru and is therefore not permitted on the retreat property. Possession, growing and intake of cannabis is not permitted.

Please be mindful and aware that many people work with us to heal from substance abuse and we hold a container that can support this process.

## Food, Dietas & Supplements

As a community we eat a whole foods-based natural diet. All meals are vegan with the addition of local animal protein at times for those in need. Below is a common sample menu:

**Breakfast:** oatmeal or amaranth w/ superfood toppings & seasonal local fruit

**Lunch/Dinner:** fresh raw salad, veggie stir fry or soup and grains

Our kitchen is not gluten free but we're happy to offer gluten free options if needed. If you have a serious sensitivity to gluten please write us to discuss so we can determine if we can safely accommodate your needs.

Food is simple, nourishing and prepared with love. **If you require a special diet be sure to communicate and discuss your restrictions with us clearly prior to your registration so we can determine if we can accommodate.**

### CEREMONY DIET PREPARATION

In preparation for ceremonies there is a specific diet that must be maintained 3 days prior to the ceremony. During ceremony times, we facilitate this diet and only serve the appropriate foods. In addition to ceremonies, some participants may work with individual medicinal plant dietas depending on your specific situation. Each plant has specific diet requirements.

### RECOMMENDED SUPPLEMENTS

The following are a few recommended supplements that can support you through the retreat process. These supplements can be taken on ceremony days if taken first thing early in the morning...

- **Spirulina/Clorella:** Premixed in tablet form are good for travel. Tablets must be chewed or soaked in order to be effective.
- **Vitamin C**

## Detox

It's important to be prepared to potentially go through a strong detox process while on retreat. There are a number of factors which contribute to this. Being in the pristine mountain environment alone raises our vibration and speeds up our metabolism. In addition, frequent plant diets and ceremonies with a clean non-processed vegan diet deepens the cleansing process.

It's not uncommon to feel weak and tired during this process of detox and you may even experience cold or flu symptoms, or other physical conditions from your past. In addition, since the physical body is not separate from the emotional and spiritual body, the physical detox can surface deep repressed emotions and tensions in order to be faced and resolved.

When going through a detox, it's best to rest and spend time with yourself. We will be available to help guide participants through this process. There's no blessing without a purification first and in this way, even the purification becomes a blessing.

## Accommodations/Location

This retreat will be held in the Sacred Valley and not at our center deep in the Andes due to this shorter format and in order to accommodate participants who may not be able to make the hike.

We will be based in the Sacred Valley of Peru about one hour outside of Cusco near the village of Lamay. Our friends at the Villa Magica Sanctuary Lodge will be our hosts. You can read more about the lodge and view photos on their facebook page [HERE](#).

There will be three lodging options available. There are limited number of spaces in each option and priority will be given on a first come first serve basis.

- 1. Shared Room with Bathroom** - These rooms will be shared between 2 people. Bedding is included.
- 2. Shared Communal Room (no Bathroom)** - These rooms will be shared between 4 people. The bathrooms are outside of the rooms. Bedding is included.
- 3. Camping in personal tent or sleeping in a communal room with your own bedding (Indoor Camping)** - If you would like to rent camping gear you can find places to rent in Cusco.

You will be able to choose your lodging option in the registration process. If you have a roommate preference you can also notify us in the application form and if not we will keep male and female in separate rooms unless you choose the communal room.

We do not expect to have the space to offer private rooms. If you are interested in having a private room you are welcome to let us know and if any options become available we will notify you in the week before the retreat. An extra fee will apply.

**Personal Space:** Unless you are staying in a tent most lodging options are shared. We will stress the importance of offering personal space to your fellow retreat participants and will create quiet zones in the maloka (temple) for those who wish to take the space to reflect outside of our group activities.

**Water:** We will have filtered drinking water available during the retreat.

**Electricity:** Peru is on a 220V power grid. Please check your charging cables to make sure they can handle 220 volts. An inverter may be necessary.

**Laundry:** There is laundry service available on-site for 6 soles per kilo.



## Weather & Packing

September is the Spring time in Peru! It is the end of the dry season, so some rain is possible. When the sun is out it can be quite hot (in the 70s and 80s Fahrenheit) and intense due to the altitude. On a cloudy day and at night it can be chilly getting into the 50s and on some occasions into the 40s.

The center is set back from the road with a walking path to enter. With this backpacks are easier than roller bags but either one will work. We will have some helpers to carry luggage down to the center. We do recommend packing as light as possible.

## Packing List

- **Hiking Boots:** High-top is best in order to protect your toes going downhill. We will be doing some hiking.
- **Head Lamp** with red light option and batteries
- **Comfortable clothing** that can accommodate warm days and cool nights
- **Comfortable outfit for ceremonies, yoga and QiGong sessions**
- **Flip-flops or slip-on shoes** are nice to have for ceremonies
- **Journal and/or notebook** and **pens/pencils**
- **Water bottle** (at least 1 liter water bottle, stainless steel recommended)
- **Bathing Suit** (optional)
- **Biodegradable personal Hygiene products.** Please bring only unscented or organically scented products (pure essential oils)
- **Rain coat** or poncho
- **Sun hat:** Sun can be very intense in the mountains so please get a sun hat that covers the ears (not baseball hat). In Pisac you can find hats if you wish to buy one before the retreat.
- **Sweater and/or poncho:** You can also find lots of nice sweaters and ponchos in Pisac.
- **Crisp new bills:** It is difficult to change money that is ripped, folded and worn looking.
- **Yoga mat:** Some yoga mats may be available to rent from our hosts.
- **Smaller day bag or waist pack**
- **Lip balm & natural sun screen**
- **Time keeping device** with alarm (phone or watch)
- **Handkerchief/s** (for blowing your nose), great to have for ceremonies
- **If you are Camping** don't forget your sleeping bag, sleeping pad, towel or travel towel, and rain-proof tent

## Phone and Internet

**It's important to set yourself up ahead of time so you do NOT need to use the phone and the internet while you're on retreat.** It's very beneficial to stay onsite for the full retreat and abstain from interaction with the outside world as much as possible. Those with small children are an exception.

**Internet:** There is no internet available on-site. If an emergency or urgent situation arises, internet is available via cell phone data plan about 3km down the road in the village of Lamay or in the nearby town of Pisac.

**Cell Phone Service:** There's spotty cell service available at the retreat location. Whatsapp tends to work with some delays. Good cell service is possible in the village of Lamay 3km down the road.

## Emergency Contact

**Email:** The best way for loved ones to reach you during the retreat is to email the following address which will be checked every 1-2 days: **info@paititi-institute.org**

**Emergency Contact Info:** You are welcome to share the following phone number of our director with family and friends. Please make sure they are aware that these are only to be used if there is an emergency. Also sending a text or Whatsapp message is best since service is not great. Cynthia: +51-938598641

## Leaving Site

We strongly encourage fully immersing into the retreat process for maximum benefit. If you do need to leave the site for any reason during the retreat we ask that you coordinate with facilitators in order to take care of your needs in a way that creates the least amount of disruption. We also can not guarantee that an institute vehicle will be available to drive you. There is public transportation available and our local host can offer directions.



## Contribution & Refund Policy

For this retreat, all participants are required to join for the full retreat duration of 10 days. The Contribution is based on lodging. Please review page 8 of this document for more details on lodging options.

**\$1,311 USD - Program Contribution (Shared Room with Bathroom)**

**\$1,211 USD - Program Contribution (Shared Communal Room - No Bathroom)**

**\$1,111 USD - Program Contribution (Camping - outdoors or indoors)**

### CONTRIBUTION INCLUDES:

- Food: we supply 2-3 meals per day, except on some ceremony days
- Lodging: based on the choices outlined above
- Basic Supplies: toilet paper, candles, filtered water, etc.
- Introduction, instruction & guidance in practices outlined in this document
- Ceremonies and plant medicines

### CONTRIBUTION DOES NOT COVER:

- Airfare
- Transportation to Lamay: we will meet in Lamay on the first day of the retreat. Directions and meeting location will be shared about one month prior to the retreat.
- Trips: If participants decide to leave the retreat for personal needs they must cover their own transportation and any personal spending.
- Personal food outside of what we offer during the retreat
- Personal hygiene products such as toothpaste and shampoo, etc.
- All expenses and costs caused by or associated with illness or injury including but not limited to medical expenses, hospital bills, medications and emergency transportation and/or evacuation

### TERMS & REFUND POLICY

- We accept deposits via credit card which are made during the online application process. If you are not accepted to join for the program, your payment will be fully refunded.
- Your remaining balance is to be submitted in cash (USD) on the first day of the program. Please bring NEW, CRISP dollar bills with no tears as we cannot use old or damaged bills here in Peru.
- Your deposit is **non-refundable** but if you cancel prior to 2 months of the program start date, we can transfer your deposit to a future program minus a 10% admin fee.
- For cancellations within 2 months of the start date, payments are non-refundable and will only be transferable to a future program if we can fill your place in the retreat. We will try our best to do so.
- The contribution is non-refundable and non-transferable once the program begins.
- We reserve the right to cancel this retreat if our minimum number of participants is not met 6 weeks prior to the start date. All payments will be fully refunded if the program is canceled.
- Additional terms are outlined in our “**Terms, Conditions, Release Of Liability & Assumption Of Risk**” document which each participants agrees to by submitting an application.

## IMPORTANT Travel Info

Please do **NOT** book any travel until your registration for this retreat is complete and you have received confirmation from us that your application has been accepted and your deposit has been received.

We will meet in Lamay, Peru (about 1 hour from Cusco) **in the late morning on the FIRST DAY of this retreat** for orientation and Coca Initiation. It is important that all are present and on time for the start of the retreat as we will be sharing essential orientation info.

### IMPORTANT INFO REGARDING BOOKING FLIGHTS

Please plan to arrive in Cusco, Peru no later than ONE DAY BEFORE the program starts. As for departure, you should plan to fly home no earlier than midday on THE DAY AFTER your program ends.

You will need to book your flight all the way to Cusco, Peru. We have found it best to book your international ticket all the way to Cusco with the same ticket. This way the airlines will cover any missed flights or lost baggage.

### TRAVELING FROM CUSCO TO THE SACRED VALLEY

The Sacred Valley is 30-60 minutes drive from Cusco and you can either take a taxi directly from the airport (around 50 to 60 soles – not dollars: watch out for taxi hustlers at the airport) or take a colectivo (shared taxi/minivan) for much less from a bus station in Cusco. We will share more specific details regarding the meeting location along with detailed directions a couple weeks prior to the start date.

### COMING EARLY AND STAYING LATE

If you have the flexibility we recommend arriving a week or more before the program begins, in order to acclimate to the altitude and recover from travel fatigue before we begin. It is recommended to be well rested for the initiation of our journey. We also recommend to give yourself at least a few days of personal integration time before returning to work or school after the program is complete.

## Passport and Visas

A valid passport is required to enter and depart Peru. **Please be sure to check the expiration date on your passport well in advance of your travel!** You would be surprised how many people realize their passport is expired on the way to the airport! If it expires less than 6 months after your travel date you may be denied entry and you should renew prior to your travel.

In Peru a tourist visa is automatically granted for citizens of many countries for a stay up to 180 days per year (6 months) when entering the country. **If you would like to get the full 180 day visa you have to request this when going through customs or else they often stamp it for 60 or 90 days.** It is advisable NOT to say you will be working or volunteering during your stay as these activities are not permitted on a tourist visa. It's best to specify that you are a tourist. Please do your own research for the most current visa information and details on visa requirements. Laws are always being updated.

Please note that most destinations, including Peru, require that you have adequate unused pages in your passport, allowing for the necessary stamps upon arrival and departure. It's recommend that you have at least two free pages in the Visas section of your passport before any international travel.

## Meals While Traveling

If you end up eating out in restaurants while en route to the center please be aware that many restaurants use MSG (Monosodium Glutamate) in Peru (especially in Lima). Here MSG is called Ajinomoto. When you go to a restaurant you should tell them you are very allergic to Ajinomoto and they will leave it out. If you don't tell them your are severely allergic and could go the hospital, many places may not tell you the truth about using it from our experience.

## Changing Money

There are many places to change money but the best rates can be found in Cusco on and near Avenida Del Sol. If you do not wish to go into Cusco you can also change at the airport or in Pisac at Sofies Market at a slightly lower rate. Changing US Dollars and Euros is easy. If you have a different currency you may wish to change it to US Dollars or Euros before you depart your home country. Most ATMs in Peru will also give US Dollars, but be aware that many banks will have a daily withdrawal limit of around \$200 USD.

## Community Consciousness

Paititi is a labor of love and grows through the contribution of its residents and volunteers. Here, our work is our prayer and as a community we practice presence, compassion, selfless service and hard work for the benefit of all beings. We work together to cultivate the highest view – a perspective from which we strive to see the greatest benefit for everyone, in all situations, under all circumstances – wishing that all beings may be free from suffering.

During the retreat a powerful sangha (spiritual community) is formed. Below are some helpful guidelines we have learned through our experience which help to create a harmonious space of transformation. Also you can read the blog about our [Paititi Community Agreements HERE >>](#)

- **Clean up after yourself.**
- **If you see a problem, be part of the solution.**
- **Consider others as much as you consider yourself...** Even better, consider others more.
- **Look at yourself first.** If something is not working, take 100% responsibility and look at how you contributed to the situation first before pointing fingers at others or blaming personal disturbance on outside circumstances.
- **Own your experience.** Make 'I' statements and share your own feelings and observations and abstain from projections and blaming.
- **Practice transparency.** If something triggers you, bothers you, is not clear or does not make sense, practice confronting it from a grounded place unclouded by disturbed emotions. Often the stories we create about what we experience are interpretations based on our personal filters. Take some time to see if the situation brings up any personal disturbing feelings and emotions and once you release the identification with them bring it up with the people involved directly in a calm and balanced way.
- **Don't gossip, go to the source.** If challenges and confrontations do arise in the space, it's important to handle them responsibly and go directly to the source of the challenge rather than pulling others into it. Venting to others does not solve anything and instead only creates a larger drama.
- **Practice the art of listening and beginner's mind.** True listening is listening without filters and interpretations. Practice listening to everything with fresh ears as if you are hearing everything for the first time. True listening requires a receptive and attentive mind without preparing a response ahead of time.
- **It is up to you how much you want to gain from being here.**

Please feel free to contact us if you have any questions or would like to clarify any information found here.

Thank you for your inspiration to face yourself and heal for the benefit of all beings.

Email: [info@paititi-institute.org](mailto:info@paititi-institute.org)